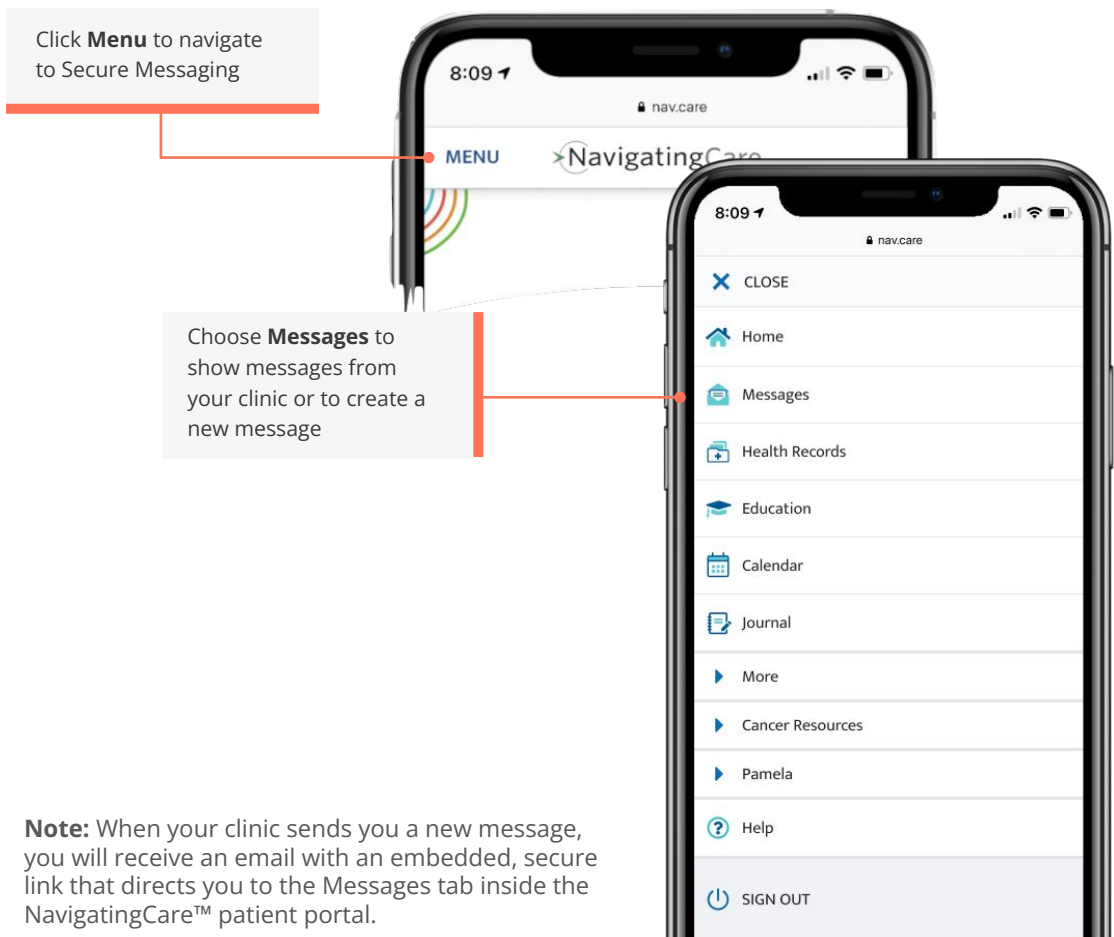
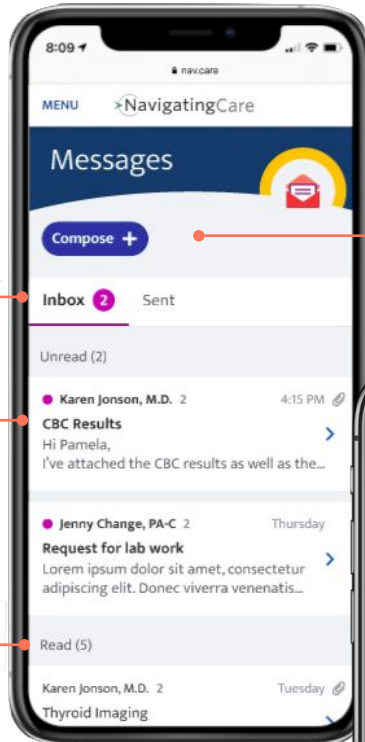


## The Navigating Care Portal Upgrade Secure Messaging

The Secure Messaging feature allows patients to contact their clinic and care providers anytime through the NavigatingCare™ patient portal.



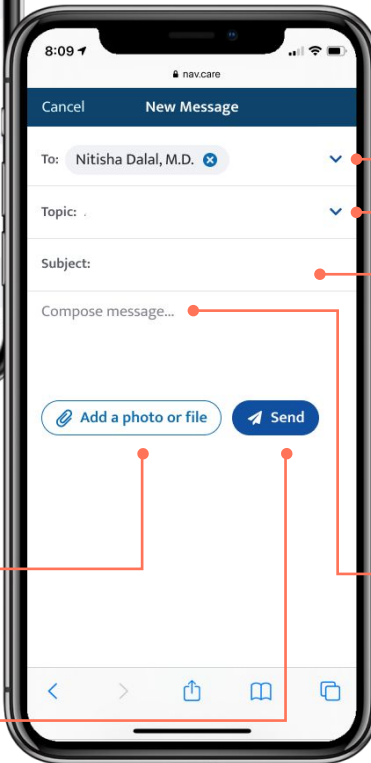


Click the **Inbox** or **Sent** tabs to switch between incoming and sent messages

**Unread** Messages will be highlighted at the top. Click on the message to see details.

Previously read messages will appear at the bottom

**Compose** a new message to your clinic with option to attach a photo or file.



Click the dropdown arrow to select the provider you wish to message

Choose the appropriate option by clicking on the **Topic** dropdown

Enter an appropriate **Subject** for your message

Write your message in the **Compose message** section

Upload an image or PDF document (size limits apply) to share with your care team

When you are ready to send your message, click the **Send** button